



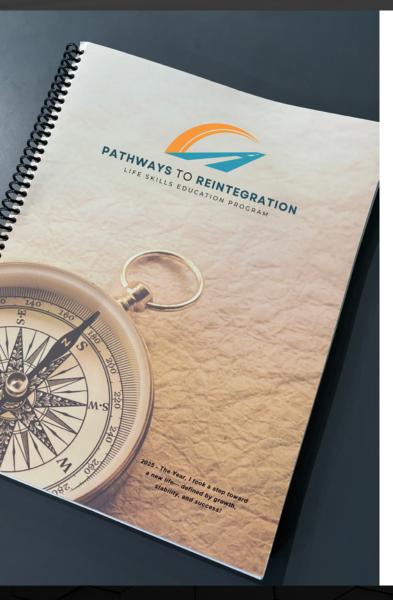
Paced



Workbook



Access



Goal: Prepare participants with needed skills for jobs and re-entry into their community.

Course Instruction: Digital course via Google Classroom (or alternate LMS) & personalized workbook.

Participants: Spend 2 - 3 hours per week on each chapter and complete all exercises.

Live Teacher: Each location can reserve times on Tues or Thurs for Q/A and discussion. This is an opportunity to ask / discuss with a live instructor.

Cost:

Setup and Access (Annual)	Enrollment (min 15 participants)	Additional Participants
\$12,000 per location	\$5,000	\$250

^{*}Locations can offer as many 'cohorts' as they'd like after the initial 15 participants.

Course Contents:

- 1. Introduction: Self Worth, Personal Values & Goal Setting
- 2. Effective Communication Techniques
- 3. Building Healthy Relationships
- 4. Budgeting & Financial Planning
- 5. Time Management & Organization
- 6. Job Readiness
- 7. Health & Wellness
- 8. Critical Thinking & Decision-Making
- 9. Civic Responsibility
- 10. Reviewing Progress & Achievements

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